

## Hello & Welcome



Welcome to the 2024 Maine Senior Games! Maine Senior Games is open to anyone 45 or over as of December 31, 2024. For doubles and team sports the youngest age determines the age bracket.

**With this form you will be able to register yourself for this year's events.**

You will be able to make payments and **update** your contact details.

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If you need help with the registration system at any point, please call Karen Reardon at (207) 370-8076

When registering for a doubles event be sure you have your partner's email and birthdate OR just check - have no partner!

Please make sure you sign the Release on the other side of this paper.

*PLEASE NOTE: Payment is required at the time of registration. The registration process will not be complete without payment. When playing a doubles event in the sports of Pickleball, Tennis, Cornhole, Table Tennis, Bowling, & Buoy Toss, each athlete must create an account and register for the Maine Senior Games.*

*Refunds: Refunds (minus a \$10 processing fee) must be requested in writing no later than two weeks prior to your first event.*

*Maine Senior Games | Karen Reardon | PO Box 513 Scarborough, ME  
04070*

2024 Maine Senior Games

RELEASE OF LIABILITY -- READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the (Maine Senior Games and National Senior Games Association, Inc. program, its related events and activities, I, \_\_\_\_\_, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Company immediately; and,
4. Publicity Release: I hereby grant Maine Senior Games, National Senior Games Association Inc., the right to use my name as well as any pictures of me, (whether live or still) in connection with the activities of Maine Senior Games and National Senior Games Association without any remuneration; and,
5. Non-Solicitation Agreement: As a condition of participating in the Maine Senior Games, each participant agrees that he/she will not use either its name or logo for any purpose, including but not limited to, fund raising for participation in the National Senior Games without prior written consent of Maine Senior Games; and,
6. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Maine Senior Games, National Senior Games Association, Inc., their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

x \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_

PARTICIPANT'S SIGNATURE

**Personal Information**

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ Male \_\_\_ Female \_\_\_\_\_

Address: \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_/\_\_\_/\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ (Must be 45 or older by Dec. 31, 2024)

Email: \_\_\_\_\_ (please print clearly)

Phone: \_\_\_\_\_ Home or Cell

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**T-Shirt Sizing**

Sm: \_\_\_ Med: \_\_\_ Lg: \_\_\_ X-Lg: \_\_\_ XX-Lg: \_\_\_ (\$2.00 extra)

**Fees**

Registration includes: MSG T-Shirt, snacks, water, athlete towel

Reg. Fee: \$45.00 (includes \$5.00 processing fee) \$10.00 each additional sport

\$175 Basketball Team Must also submit Team Roster Some sports have additional fees

**Registration for Events**

**Archery**

- \_\_\_ Compound Fingers(sights)
- \_\_\_ Compound Release(sights)
- \_\_\_ Recurve(sights)
- \_\_\_ Barebow Recurve(no sights)
- \_\_\_ Barebow Compound(no sights)

**Basketball (3 on 3)**

- \_\_\_ Men
- \_\_\_ Women

**Buoy Toss**

- Singles \_\_\_\_\_
- Doubles \_\_\_\_\_
- Mixed \_\_\_\_\_

**Candlepin Bowling (only one Doubles)**

- \_\_\_ Singles
- \_\_\_ Doubles
- \_\_\_ Mixed Doubles

**Cornhole**

- \_\_\_ Singles
- \_\_\_ Doubles
- \_\_\_ Mixed Doubles

**Cycling**

- \_\_\_ 10K Time Trial
- \_\_\_ 20K Road Race

**Golf (additional fee-\$50: cart/lunch/greens)**

\_\_\_ Handicap

**Golf Scramble (4 Person Teams) (add \$50. fee/player)**

\_\_\_ Handicap \_\_\_ Male \_\_\_ Female

**Hot Shot/Foul Shot (can do one or both)**

- \_\_\_ Hot Shot (3 pt. Shooting from 5 spots)
- \_\_\_ Foul Shot (25 Foul Shots)

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_

**Pickleball**

\_\_\_ Rating \_\_\_ Singles \_\_\_ Doubles \_\_\_ Mixed Doubles Mixed Partner's Name: \_\_\_\_\_

Doubles Partner's Name: \_\_\_\_\_/Birth Yr. \_\_\_\_\_ Birth Yr. \_\_\_\_\_

**2024 Maine Senior Games**

**Official Entry Form (Ages 45+)**

**Powerlifting (Held in NH)**

\_\_\_ Bench  
\_\_\_ Deadlift  
\_\_\_ Squat

**Racquetball (Held in NH)**

\_\_\_ Singles

**Road Races**

\_\_\_ 1 Mile Run \_\_\_ Power Walk  
\_\_\_ 5K Run \_\_\_ 5K Power Walk  
\_\_\_ 10K Run

**Table Tennis**

\_\_\_ Singles \_\_\_ Doubles \_\_\_ Mixed Doubles  
Partner Name/Birth Yr \_\_\_\_\_

**Ten Pin Bowling \$5.00 fee/Pick 1 Dbls. Only**

\_\_\_ Singles \_\_\_ Doubles \_\_\_ Mixed Doubles

**Tennis**

\_\_\_ Singles \_\_\_ Doubles \_\_\_ Mixed Doubles Partner(s) Name/Birth Yr. \_\_\_\_\_

**Track & Field (List best Times/Dist.)**

\_\_\_ 50 Meters \_\_\_ Shot Put  
\_\_\_ 100 Meters \_\_\_ Discus  
\_\_\_ 200 Meters \_\_\_ Javelin  
\_\_\_ 400 Meters \_\_\_ Hammer Throw  
\_\_\_ 800 Meters \_\_\_ Long Jump  
\_\_\_ 1500 Meters \_\_\_ Triple Jump  
\_\_\_ 1500M Racewalk \_\_\_ High Jump  
\_\_\_ 4 X 100 Relay \_\_\_ 1500 Power Walk  
\_\_\_ Coed 4 X 200 Relay-Teams can be formed onsite

**\*\* Swimming (Maximum of 6 events)Seed Times**

\_\_\_ 50 Free \_\_\_ 50 Breast  
\_\_\_ 100 Free \_\_\_ 100 Breast  
\_\_\_ 200 Free \_\_\_ 200 Breast  
\_\_\_ 500 Free \_\_\_ 50 Backstroke  
\_\_\_ 50 Butterfly \_\_\_ 100 Backstroke  
\_\_\_ 100 Butterfly \_\_\_ 200 Backstroke  
\_\_\_ 200 Butterfly \_\_\_ 100 I.M.  
**\*\*Combined MSG/** \_\_\_ 200 I.M.  
**Masters Event** \_\_\_ 400 I.M.

**Payment**

**Send Payment to:**

**Checks should be made payable to: Maine Senior Games  
Maine Senior Games P O Box 513 Scarborough, ME 04070**

**REFUNDS**

**Refunds must be requested  
in writing no later than two weeks  
prior to your first event - minus  
a \$10.00 processing fee.**

Registration: \$45.00 \_\_\_\_\_  
Each Additional Sport: \$10.00 \_\_\_\_\_  
Basketball Team Fee: \$175.00 \_\_\_\_\_  
Additional Golf Fee: \$50.00 \_\_\_\_\_  
10 Pin Bowling Fee: \$5.00 \_\_\_\_\_  
XX-Large T-shirt Fee: \$2.00 \_\_\_\_\_  
Donation to Maine Senior Games \_\_\_\_\_

**Total Enclosed** \_\_\_\_\_